

PSCG & CASEL COMPETENCY CROSSWALK

Which Profile of a South Carolina Graduate competencies provide opportunities to learn and practice the CASEL Competencies?

SELF-AWARENESS

The ability to accurately recognize one's own emotions, thoughts, and values and how they influence behavior. The ability to accurately assess one's strengths and limitations, with a well-grounded sense of confidence, optimism, and a "growth mindset."



NAVIGATE CONFLICT



LEARN INDEPENDENTLY



SUSTAIN WELLNESS



DEVELOP NETWORKS

SELF-MANAGEMENT

The ability to successfully regulate one's emotions, thoughts, and behaviors in different situations – effectively managing stress, controlling impulses, and motivating oneself. The ability to set and work toward personal and academic goals.



NAVIGATE CONFLICT



LEARN INDEPENDENTLY



SUSTAIN WELLNESS



LEAD TEAMS

SOCIAL AWARENESS

The ability to take the perspective of and empathize with others, including those from diverse backgrounds and cultures. The ability to understand social and ethical norms for behavior and to recognize family, school, and community resources and supports.



NAVIGATE CONFLICT



LEAD TEAMS



ENGAGE AS A CITIZEN



DEVELOP NETWORKS

RELATIONSHIP SKILLS

The ability to establish and maintain healthy and rewarding relationships with diverse individuals and groups. The ability to communicate clearly, listen well, cooperate with others, resist inappropriate social pressure, negotiate conflict constructively, and seek and offer help when needed.



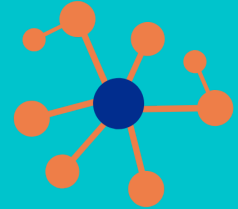
EXPRESS IDEAS



NAVIGATE CONFLICT



LEAD TEAMS



DEVELOP NETWORKS

RESPONSIBLE DECISION-MAKING

The ability to make constructive choices about personal behavior and social interactions based on ethical standards, safety concerns, and social norms. The realistic evaluation of consequences of various actions, and a consideration of the well-being of oneself and others.



NAVIGATE CONFLICT



LEARN INDEPENDENTLY



SUSTAIN WELLNESS



ENGAGE AS A CITIZEN



LEAD TEAMS

To learn more about the Profile of a South Carolina Graduate Competencies, please visit the Office of Personalized Learning, South Carolina Department of Education website [here](#).

The skill-level crosswalk below shows which skills within each CASEL competency are supported through the development and practice of the following Profile of a South Carolina Graduate Competencies. Empirical testing is needed to validate the crosswalk and formally establish the relationship between the two competency sets. **Click on the PSCG icon to access the full skill continuum.**

CASEL COMPETENCY SELF-AWARENESS

- Identifying emotions
- Accurate self-perception
- Recognize strengths
- Self-confidence
- Self-efficacy

KEY

- Directly aligned** to the skills and dispositions described in the PSCG competency *skill continuum*
- A **probable outcome** of developing the skills and dispositions described in PSCG competency continuum, though dependent upon multiple other variables

CASEL COMPETENCY SELF-MANAGEMENT

- Impulse control
- Stress management
- Self-discipline
- Self-motivation
- Goal-setting
- Organizational skills

CASEL COMPETENCY SOCIAL AWARENESS

- Perspective-taking
- Empathy
- Appreciating Diversity
- Respect for others

CASEL COMPETENCY RELATIONSHIP SKILLS

- Communication
- Social engagement
- Relationship-building
- Teamwork

CASEL COMPETENCY RESPONSIBLE DECISION-MAKING

- Identifying problems
- Analyzing situations
- Solving problems
- Evaluating
- Reflecting
- Ethical responsibility

PROFILE OF A SOUTH CAROLINA GRADUATE COMPETENCY AND ALIGNED SKILLS



NAVIGATE CONFLICT

Recognize and manage my emotions



LEARN INDEPENDENTLY

Set goals
Make a plan
Monitor my progress
Take strategic action



SUSTAIN WELLNESS

Understand my identity
Practice positivity and gratitude
Advocate for myself
Build life practices that foster health, joy, and purpose



DEVELOP NETWORKS

Initiate purposeful connections



NAVIGATE CONFLICT

Recognize and manage my emotions



LEARN INDEPENDENTLY

Set goals
Make a plan
Monitor my progress
Take strategic action



LEAD TEAMS

Build a shared sense of purpose and clarity
Manage challenging issues
Reflect on learning and leadership



SUSTAIN WELLNESS

Understand my identity
Practice positivity and gratitude
Build life practices that foster health, joy, and purpose



NAVIGATE CONFLICT

Recognize the feelings and perspectives of others
Use strategies to manage and resolve conflict



LEAD TEAMS

Build a shared sense of purpose and clarity
Manage challenging issues
Reflect on learning and leadership



ENGAGE AS A CITIZEN

Participate in community
Examine enduring problems
Build civic knowledge
Take action to improve my community



DEVELOP NETWORKS

Initiate purposeful connections
Nurture and sustain relationships

PROFILE OF A SOUTH CAROLINA GRADUATE COMPETENCY AND ALIGNED SKILLS



EXPRESS IDEAS

Engage in academic discussion with others



NAVIGATE CONFLICT

Communicate effectively verbally and nonverbally
Use strategies to manage and resolve conflict



LEAD TEAMS

Build a shared sense of purpose and clarity
Mobilize the team to work effectively
Manage challenging issues



DEVELOP NETWORKS

Initiate purposeful connections
Nurture and sustain relationships

PROFILE OF A SOUTH CAROLINA GRADUATE COMPETENCY AND ALIGNED SKILLS



NAVIGATE CONFLICT

Use strategies to manage and resolve conflict



LEARN INDEPENDENTLY

Monitor my progress
Take strategic action



SUSTAIN WELLNESS

Advocate for myself
Build life practices that foster health, joy, and purpose



ENGAGE AS A CITIZEN

Examine enduring problems
Take action to improve my community



LEAD TEAMS

Manage challenging issues